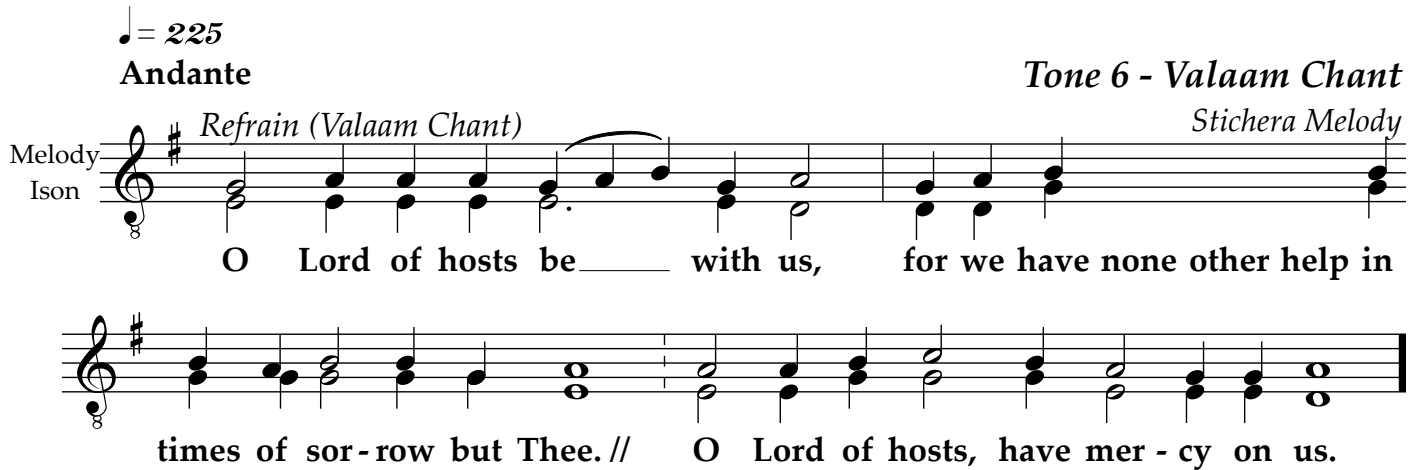


# O LORD OF HOSTS

For Choir and Reader

$\text{♩} = 225$   
**Andante** **Tone 6 - Valaam Chant**

Melody *Refrain (Valaam Chant)* *Stichera Melody*  
Ison



O Lord of hosts be \_\_\_\_\_ with us, for we have none other help in  
times of sor-row but Thee. // O Lord of hosts, have mer-cy on us.

**Reader:** Praise ye God in His saints; praise him in the firmament of his power.

Choir: *(Refrain)*

**Reader:** Praise him for his mighty acts, praise him according to the multitude of his greatness.

Choir: *(Refrain)*

**Reader:** Praise him with the sound of the trumpet, praise him with the psaltery and harp.

Choir: *(Refrain)*

**Reader:** Praise him with timbrel and dance, praise him with strings and flute.

Choir: *(Refrain)*

**Reader:** Praise him with tuneful cymbals. Praise him with cymbals of jubilation. Let every breath praise the Lord.

**Choir:** (*Refrain*)

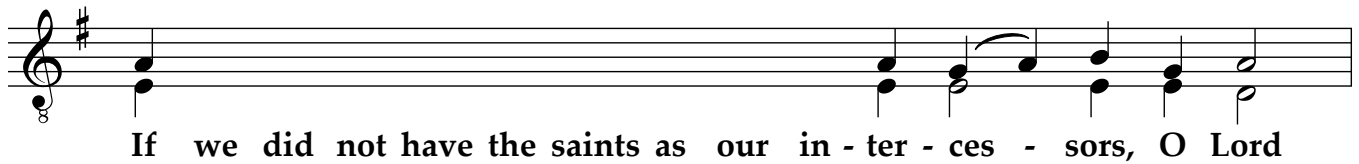
**Reader:** Praise ye God in His saints; praise him in the firmament of his power.

**Choir:** (*Refrain, then immediately sing "Glory . . ."*)

*Valaam Chant (Stichera Melody)*



Glo-ry to the Fa - ther, and to the Son, and to the Ho - ly\_ Spir - it.



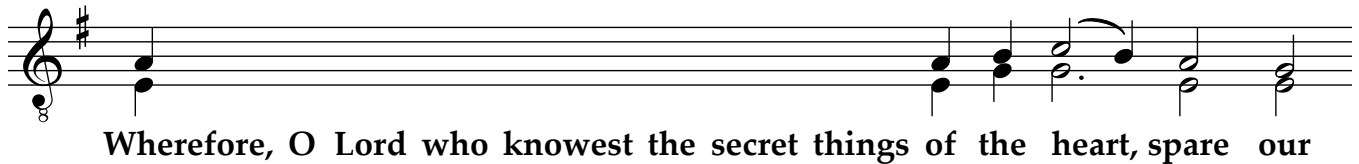
If we did not have the saints as our in - ter - ces - sors, O Lord



and Thy good - ness pi - ty - ing us how could we have dared to praise



Thee O Sav - iour, Whom the an - gels bless cease - less-ly? //



Wherefore, O Lord who knowest the secret things of the heart, spare our



souls. Now and ev - er and un - to a - ges of a - ges\_



A - - - men! Greatly have mine iniquities multiplied,

O The - o - to - - - kos. Where-fore I take refuge  
in thee, O pure one, seeking sal - va - tion. Vis - it my fee -  
ble soul and be-seech thy Son and our God to grant me forgiveness  
of the e - vil I have done, // O thou who a-lone art bles - sed.  
O all-holy The - o - to - - - kos, for-sake me not in the  
years of my life, O protection of man - kind, // but help me and have  
mer - cy on me. In thee O Mother of God I place all my hope; //  
*rit.*  
keep me un - der thy pro-tec - tion.

## NOTE:

*The Valaam melodies are based on stichera patterns from the 1909 Valaam Obikhod.*